

# We are here for you!

FEELING STRESSED, DEPRESSED OR ANXIOUS DUE TO  
COVID-19?

CALL TO SPEAK WITH A MENTAL HEALTH  
PROFESSIONAL FOR HELP DEALING WITH STRESS, GRIEF,  
WORRY OR FEELING ISOLATED.

Call:

325-646-5939

EXT. 104



**TEXANS**  
**RECOVERING**  
**TOGETHER**

CRISIS COUNSELING ASSISTANCE  
AND TRAINING PROGRAM

Email:

[ccp@cflr.us](mailto:ccp@cflr.us)

