

*Community Connections  
of Central Texas*

is a program of Center for Life Resources. Center for Life Resources has been serving local communities since 1970 as an agency of the state.

Community Connections of Central Texas provides services to strengthen children, individuals, and families.

Many of the workshops and classes can be delivered in the counties served. The main location for Community Connections of Central Texas provides an array of services on site with multiple social service agencies housed at 901 Ave B in Brownwood.

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If you or your agency would like to become a partner agency to deliver services in a coordinated effort or interested in leasing space at 901 Ave B in Brownwood, please call 325-646-5939 or email [shanna.skipper@cflr.us](mailto:shanna.skipper@cflr.us) for more information.



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Call today for more information or to schedule an appointment.

*Community  
Connections  
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Parenting Wisely

Safe Exchange

Anger Management

Mediation

Children in the Middle

Counseling

Information & Referral

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**Service Area:**

**Brown, Coleman,  
Comanche, Eastland, Mills,  
McCulloch, & San Saba**

# Community Connections of Central Texas

## **Parenting Classes:**

The challenges of parenting can sometimes be overwhelming. The classes provide new ways to increase positive outcomes within the child and parent relationship.

## **Counseling:**

This service provides short-term assistance to establish resolution for conflicts or relief from stressors.

## **Anger Management:**

These classes provide new ways to express anger appropriately and the classes are offered for children, teens, and adults.

## **Mediation:**

Mediation is a service providing an alternative to litigation to settle disputes. It is a process in which a third-party, the mediator, assists in resolving a dispute between two or more parties.

## **Children in the Middle:**

Children are often caught in the middle of their parents' separation. This (4) hour class will assist parents with minimizing the impact of divorce on children.

## **Safe Exchange:**

By offering supervised visitation & child-exchanges, this program encourages both parents to be involved in the lives of their children in a safe environment.

## **Information & Referral:**

CCCT publishes an information and referral handbook for counties served. These are provided free to individuals, families, and agencies.

- Childcare is provided at no cost when enrolled in services, must schedule in advance.
- Evening appointments & classes are available.
- Services are little to no cost.

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